

Food Services Director: Jennifer Wilinsky  
wilinskyj@readingsd.org  
Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District Elementary School Lunch Menu October 2024



Meal Prices  
Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

\*\* Menu Subject to Change\*\*

	Monday	Tuesday	Wednesday	Thursday	Friday														
	<b>30-Sep</b>	<b>1-Oct</b>	<b>2-Oct</b>	<b>3-Oct</b>	<b>4-Oct</b>														
<p><b>Alternate Entree of the week</b> 9/30-10/4 - Taco Salad w/Scoops 10/7-10/11- Wow Butter Sandwich 10/14-10/18- Yogurt Parfait 10/21-10/25- Turkey Ham &amp; Cheese Sub 10/28-11/1- Chef Salad w/ Roll ** Wow Butter &amp; Yogurt Meal Available Daily** ** Alternate Entree option will be served with fruit and vegetable of the day.**</p>	<p><b>Sloppy Joe's</b></p> <p>Emoji Potatoes Cole Slaw Peaches Fresh Fruit</p>	<p><b>Chicken Fajita Burrito w/Salsa &amp; Guacamole</b></p> <p>Carrots Refried Beans Pears/ Fresh Fruit WG Churro</p>	<p><b>Pepperoni Pizza</b></p> <p>Roasted Broccoli Side Salad Pineapple Chunks Fresh Fruit</p>	<p><b>Popcorn Chicken Bowl w/ Cornbread Muffin</b></p> <p>Mashed Potatoes Corn Warm Cinnamon Apples Fresh Fruit</p>	<p><b>Dumplings over Fried Rice w/ Egg Roll</b></p> <p>Sugar Snap Peas Mandarin Oranges Fresh Fruit</p>														
	<b>7-Oct</b>	<b>8-Oct</b>	<b>9-Oct</b>	<b>10-Oct</b>	<b>11-Oct</b>														
<p><b>Daily Juice Variety: Only 1 Juice Allowed w/Meal</b> Apple Juice Grape Juice Fruit Punch</p>	<p><b>Hamburger on Bun</b></p> <p>Smile Fries Baked Beans Peaches Fresh Fruit WG Cookie</p>	<p><b>Lunch Box Meal: Yogurt Cup &amp; Granola, String Cheese, Soft Pretzel, &amp; Graham Crackers</b></p> <p>Hummus Carrot &amp; Celery Sticks Apple Slices/ Fresh Fruit</p>	<p><b>Maxi Cheese Sticks w/Sauce</b></p> <p>Carrots Side salad Tropical Fruit Fresh Fruit</p>	<p><b>Chicken Tenders w/ Mac &amp; Cheese</b></p> <p>Steamed Broccoli Florets Fresh Veggie Sticks Mixed Fruit Fresh Fruit</p>	<p><b>Brunch for Lunch: Egg, Bacon or Sausage Sandwich on Croissant</b></p> <p>Hash Brown Stars Celery Sticks w/ Ranch Applesauce Fresh Fruit</p>														
	<b>14-Oct</b>	<b>15-Oct</b>	<b>16-Oct</b>	<b>17-Oct</b>	<b>18-Oct</b>														
<p style="text-align: center;"></p> <p><b>Fruit &amp; Vegetable Options*</b></p> <table style="width: 100%; border: none;"> <tr> <td>Carrots</td> <td>Apples</td> </tr> <tr> <td>Cucumbers</td> <td>Bananas</td> </tr> <tr> <td>Broccoli</td> <td>Peaches</td> </tr> <tr> <td>Cauliflower</td> <td>Pears</td> </tr> <tr> <td>Celery</td> <td>Pineapple</td> </tr> <tr> <td>Sugar Snap Peas</td> <td>Strawberries</td> </tr> <tr> <td></td> <td>Grapes</td> </tr> </table> <p>** Fruit &amp; Vegetable Provided Depend On Availability</p>	Carrots	Apples	Cucumbers	Bananas	Broccoli	Peaches	Cauliflower	Pears	Celery	Pineapple	Sugar Snap Peas	Strawberries		Grapes	<b>No School</b>	<p><b>Brunch for Lunch: French Toast Sticks w/ Sausage Links</b></p> <p>Hash Brown Stars Carrot &amp; Celery Sticks Craisins Fresh Fruit</p>	<p><b>Pepperoni Pizza</b></p> <p>Roasted Broccoli Side Salad Pineapple Chunks Fresh Fruit</p>	<p><b>Walking Taco</b></p> <p>Lettuce &amp; Tomato Salsa Cup Ranchero Pinto Beans Mandarin Oranges/ Fresh Fruit WG Churro</p>	<p><b>Chicken Patty Sandwich</b></p> <p>Honey Glazed Carrots Ranch Potato Wedges Peaches Fresh Fruit</p>
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<b>21-Oct</b>	<b>22-Oct</b>	<b>23-Oct</b>	<b>24-Oct</b>	<b>25-Oct</b>															
<p style="text-align: center;"></p> <p><b>Milk</b> 1% and Skim White Skim Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p>	<p><b>Mini Corn Dog Nuggets</b></p> <p>Fiesta Beans Corn Applesauce Fresh Fruit</p>	<p><b>Chicken &amp; Waffles</b></p> <p>Carrot Coins Fresh Veggie Sticks Mixed Fruit Fresh Fruit</p>	<p><b>Cheeseburger Mac &amp; Cheese w/Roll</b></p> <p>Broccoli Fresh Veggie Sticks Diced Pears Fresh Fruit</p>	<p><b>Chicken &amp; Cheese Pizza Quesadilla</b></p> <p>Green Beans Fresh Veggie Sticks Peaches Fresh Fruit</p>	<p><b>Cheese Ravioli w/ Breadstick</b></p> <p>Roasted Zucchini Salad Greens w/Dressing Pineapple Chunks Fresh Fruit</p>														
	<b>28-Oct</b>	<b>29-Oct</b>	<b>30-Oct</b>	<b>31-Oct</b>															
<p style="text-align: center;"></p>	<p><b>Calzonette's w/ Sauce</b></p> <p>Californai Blend Vegetables Fresh Veggie Sticks Peaches Fresh Fruit</p>	<p><b>Brunch for Lunch: Dutch Waffle w/ Canadian Ham</b></p> <p>Hash Brown Rounds Carrot &amp; Celery Sticks Raisins Fresh Fruit</p>	<p><b>Sweet-n-Sour Chicken Over Ramen Noodles</b></p> <p>Sugar Snap Peas Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie</p>	<p><b>Early Dismissal Day Cheese Pizza</b></p> <p>Carrot Sticks Hummus Apple Slices/Fresh Fruit Pumpkin Cookie</p>															

	<p><b>The Knight LUNCH Meal Deal</b></p> <p>* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;"> <p><b>Choose ONE Entree:</b> Daily Entree Special Alternate Entree</p> </td> <td style="width: 33%;"> <p><b>Choose up to TWO Sides of Fruit:</b> Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p> </td> <td style="width: 33%;"> <p><b>Choose up to TWO Veggies:</b> Daily Vegetable Assorted Fresh Veggies</p> </td> </tr> </table>	<p><b>Choose ONE Entree:</b> Daily Entree Special Alternate Entree</p>	<p><b>Choose up to TWO Sides of Fruit:</b> Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p>	<p><b>Choose up to TWO Veggies:</b> Daily Vegetable Assorted Fresh Veggies</p>	
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