

Food Services Director: Jennifer Wilinsky  
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Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District Elementary School Lunch Menu September 2024



**Meal Prices**  
Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

\*\* Menu Subject to Change\*\*

	Monday 2-Sep	Tuesday 3-Sep	Wednesday 4-Sep	Thursday 5-Sep	Friday 6-Sep														
<p><b>Alternate Entree of the week</b> 9/2-9/6 - Yogurt Parfait Meal 9/9-9/13- Turkey Ham &amp; Cheese Sub 9/16-9/20- Chef Salad w/Roll 9/23-9/27- Turkey &amp; Cheese Sandwich 9/30-10/4- Taco Salad w/Scoops ** Wow Butter &amp; Yogurt Meal Available Daily** ** Alternate Entree option will be served with fruit and vegetable of the day.**</p>		<p><b>Brunch for Lunch: French Toast Sticks w/ Sausage Links</b></p> <p>Hash Brown Stars Carrot &amp; Celery Sticks Craisins Fresh Fruit</p>	<p><b>Pepperoni Pizza</b></p> <p>Roasted Broccoli Side Salad Pineapple Chunks Fresh Fruit</p>	<p><b>Walking Taco</b></p> <p>Lettuce &amp; Tomato Salsa Cup Ranchero Pinto Beans Mandarin Oranges/ Fresh Fruit WG Churro</p>	<p><b>Chicken Patty Sandwich</b></p> <p>Honey Glazed Carrots Ranch Potato Wedges Peaches Fresh Fruit</p>														
	<p><b>9-Sep</b></p> <p><b>Mini Corn Dog Nuggets</b></p> <p>Fiesta Beans Corn Applesauce Fresh Fruit</p>	<p><b>10-Sep</b></p> <p><b>Chicken &amp; Waffles</b></p> <p>Carrot Coins Fresh Veggie Sticks Mixed Fruit Fresh Fruit</p>	<p><b>11-Sep</b></p> <p><b>Cheeseburger Mac &amp; Cheese w/Roll</b></p> <p>Broccoli Fresh Veggie Sticks Diced Pears Fresh Fruit</p>	<p><b>12-Sep</b></p> <p><b>Chicken &amp; Cheese Pizza Quesadilla</b></p> <p>Green Beans Fresh Veggie Sticks Peaches Fresh Fruit</p>	<p><b>13-Sep</b></p> <p><b>Cheese Ravioli w/ Breadstick</b></p> <p>Roasted Zucchini Salad Greens w/Dressing Pineapple Chunks Fresh Fruit</p>														
<p><b>Fruit &amp; Vegetable Options*</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Carrots</td> <td style="width: 50%;">Apples</td> </tr> <tr> <td>Cucumbers</td> <td>Bananas</td> </tr> <tr> <td>Broccoli</td> <td>Peaches</td> </tr> <tr> <td>Cauliflower</td> <td>Pears</td> </tr> <tr> <td>Celery</td> <td>Pineapple</td> </tr> <tr> <td>Sugar Snap Peas</td> <td>Strawberries</td> </tr> <tr> <td></td> <td>Grapes</td> </tr> </table> <p>** Fruit &amp; Vegetable Provided Depend On Availability</p>	Carrots	Apples	Cucumbers	Bananas	Broccoli	Peaches	Cauliflower	Pears	Celery	Pineapple	Sugar Snap Peas	Strawberries		Grapes	<p><b>16-Sep</b></p> <p><b>Calzonette's w/ Marinara Sauce</b></p> <p>Californai Blend Vegetables Fresh Veggie Sticks Peaches Fresh Fruit</p>	<p><b>17-Sep</b></p> <p><b>Brunch for Lunch: Dutch Waffle w/ Canadian Ham</b></p> <p>Hash Brown Rounds Carrot &amp; Celery Sticks Raisins Fresh Fruit</p>	<p><b>18-Sep</b></p> <p><b>Sweet-n-Sour Chicken Over Ramen Noodles</b></p> <p>Sugar Snap Peas Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie</p>	<p><b>19-Sep</b></p> <p><b>Cheese Pizza</b></p> <p>Sweet Potato Tots Hummus w/Veggie Sticks Pineapple Chunks Fresh Fruit</p>	<p><b>20-Sep</b></p> <p><b>Rotini Pasta w/Meatsauce &amp; Breadstick</b></p> <p>Roasted Cauliflower Salad Greens w/Dressing Fruit Cocktail Fresh Fruit</p>
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<p><b>Milk</b> 1% and Skim White Skim Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p>	<p><b>23-Sep</b></p> <p><b>No School</b></p>	<p><b>24-Sep</b></p> <p><b>Grilled Cheese Sandwich w/ Goldfish Crackers</b></p> <p>Cherry Tomatoes Side salad Pineapple Chunks Fresh Fruit</p>	<p><b>25-Sep</b></p> <p><b>Pancakes w/ Sausage Links</b></p> <p>Hash Browns Carrot Sticks Warm Cinnamon Apples Fresh Fruit</p>	<p><b>26-Sep</b></p> <p><b>Bean &amp; Cheese Pupusa</b></p> <p>Rice Corn Mandarin Oranges Fresh Fruit</p>	<p><b>27-Sep</b></p> <p><b>Meatball Sandwich</b></p> <p>Green Beans Fresh Veggie Sticks Applesauce Fresh Fruit</p>														
	<p><b>30-Sep</b></p> <p><b>Sloppy Joe's</b></p> <p>Emoji Potatoes Cole Slaw Peaches Fresh Fruit</p>																		



**The Knight LUNCH Meal Deal**

\* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

<p><b>Choose ONE Entree:</b> Daily Entree Special Alternate Entree</p>	<p><b>Choose up to TWO Sides of Fruit:</b> Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p>	<p><b>Choose up to TWO Veggies:</b> Daily Vegetable Assorted Fresh Veggies</p>
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