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Please check the District Website, Food Services Tab to learn more.

Sign Up for [SchoolCafe.com](http://SchoolCafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.




## Reading School District Elementary School Lunch Menu October 2023



**Meal Prices**  
Adult Breakfast Meal - \$2.95    Adult Lunch Meal - \$5.00

	Monday 2-Oct	Tuesday 3-Oct	Wednesday 4-Oct	Thursday 5-Oct	Friday 6-Oct
 <b>Alternate Entree of the week</b> 10/2-10/6 - Lunch Box Meal (Turkey Coins, String Cheese, Hummus, Carrots, Mini Pretzel, & Goldfish Grahams) 10/9-10/13- Wow Butter Sandwich 10/16-10/20- Yogurt Meal Pack 10/23-10/27- Crispy Chicken Salad w/Roll 10/30-11/2- Turkey & Cheese Sandwich  <b>** Alternate Entree option will be served with fruit and vegetable of the day.****</b>	<b>Sloppy Joe Beef Totchos w/Roll</b>  Salad Green w/Dressing Peaches Fresh Fruit WG Cookie	<b>Try It Tuesday!!! Chicken or Beef Tamales</b>  Cilantro Lime Brown Rice Roasted Black Beans & Corn Mangos Fresh Fruit	<b>Hoagie Day: Ham &amp; Cheese or Turkey &amp; Cheese</b> Lettuce, Tomato, Pickles Carrot & Celery Sticks Pears Fresh Fruit Baked Snack Bag	<b>Popcorn Chicken Bowl w/Biscuit</b>  Mashed Potatoes Corn Warm Cinnamon Apples Fresh Fruit	<b>Cheese Quesadilla</b>  Salsa Refried Beans Strawberry Cup Fresh Fruit
	<b>9-Oct</b>	<b>10-Oct</b>	<b>11-Oct</b>	<b>12-Oct</b>	<b>13-Oct</b>
<b>** Alternate Entree option will be served with fruit and vegetable of the day.****</b>  <b>Daily Juice Variety: Only 1 Juice Allowed w/Meal</b> Apple Juice, Grape Juice, Fruit Punch	<b>No School</b>	<b>Brunch for Lunch: French Toast Sticks w/Turkey Sausage</b>  Hash Brown Rounds Carrot & Celery Sticks Craisins/ Fresh Fruit	<b>Chicken Alfredo Pasta w/ Texas Toast</b>  Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	<b>Hamburger on Bun</b>  Smile Fries Baked Beans Pears Fresh Fruit	<b>Pizza</b>  California Blend Vegetables Hummus w/Celery Pineapples Fresh Fruit
	<b>16-Oct</b>	<b>17-Oct</b>	<b>18-Oct</b>	<b>19-Oct</b>	<b>20-Oct</b>
 <b>Fruit &amp; Vegetable Options*</b> Carrots                      Apples Cucumbers                  Bananas Broccoli                      Peaches Cauliflower                  Pears Celery                          Pineapple Sugar Snap Peas              Strawberries Grapes  <b>** Fruit &amp; Vegetable Provided Depend On Availability</b>	<b>Meatball Sandwich</b>  Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	<b>Chicken Tinga over Tortilla Chips</b>  Refried Beans Salad Greens w/Dressing Plantains Fresh Fruit	<b>Cheeseburger Mac &amp; Cheese w/Roll</b>  Steamed Peas Fresh Veggie Sticks Diced Peas Fresh Fruit	<b>Beef Hot Dog on Bun</b>  Cole Slaw Waffle Fries Peaches Fresh Fruit	<b>Calzonette's w/Sauce</b>  Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
	<b>23-Oct</b>	<b>24-Oct</b>	<b>25-Oct</b>	<b>26-Oct</b>	<b>27-Oct</b>
 <b>Milk</b> 1% and Skim White Skim Chocolate  <b>(Soy Milk is available for students w/dairy allergies)</b>	<b>Sweet-n-Sour Chicken Over Rice</b>  Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	<b>Cheese Ravioli w/ Breadstick</b>  Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	<b>Walking Turkey Taco</b>  Lettuce & Tomato Salsa Cup Ranchero Pinto Beans Pineapples/ Fresh Fruit WG Churro	<b>Chicken &amp; Waffles</b>  Sugar Snap Peas Carrot Sticks Peaches Fresh Fruit	<b>Pancakes w/ Sausage Patty</b>  Hash Browns Celery Sticks Apple Snack Pack Fresh Fruit
	<b>30-Oct</b>	<b>31-Oct</b>			
	<b>Mega Mini Chicken Nuggets w/Roll</b>  Baked Sweet Potato Tots Green Beans Peaches Fresh Fruit	<b>Early Dismissal</b>  Turkey & Cheese Sandwich  Carrot Sticks Apple Snack Pack Goldfish Crackers			

	<b>The Knight LUNCH Meal Deal</b> * Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! <b>Choose ONE Entree:</b> Daily Entree Special Alternate Entree  <b>Choose up to TWO Sides of Fruit:</b> Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)  <b>Choose up to TWO Veggies:</b> Daily Vegetable Assorted Fresh Veggies	
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