

Food Services Director: Jennifer Wilinsky
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 Please check the District Website, Food Services Tab to learn more.

Sign Up for SchoolCafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.




Reading School District High School Breakfast Menu September 2024



Meal Prices
 Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

	Monday 2-Sep	Tuesday 3-Sep	Wednesday 4-Sep	Thursday 5-Sep	Friday 6-Sep
 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice. ** Available Daily: Assorted Cereals and Muffins**	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
	 A. Breakfast Burrito B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Fresh Fruit/100% Juice Assorted Milk	A. Sausage & Cheese Stuffed Waffle B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Fresh Fruit/100% Juice Assorted Milk	No School
Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
	A. Breakfast Burrito B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Fresh Fruit/100% Juice Assorted Milk	A. Sausage & Cheese Stuffed Waffle B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Fresh Fruit/100% Juice Assorted Milk
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
	No School	A. Cinnamon French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Fresh Fruit/100% Juice Assorted Milk	A. Sausage & Cheese Stuffed Waffle B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Fresh Fruit/100% Juice Assorted Milk
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	30-Sep				
	A. Breakfast Burrito B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk				



The Knight Breakfast Meal Deal

* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!

Choose **ONE** Entree:
 Daily Entree Special

Choose up to **TWO** Sides of Fruit:
 Fresh Fruit
 Fruit Cup
 Fruit Juice (only 1 serving)

Menu is subject to Change
 The institution is an equal opportunity provider.

