

Food Services Director: Jennifer Wilinsky  
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 Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District Middle School Breakfast Menu May 2024



**Meal Prices**  
 Adult Breakfast Meal - \$2.95    Adult Lunch Meal - \$5.00

 <b>Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>1-May</b>	<b>2-May</b>	<b>3-May</b>
			Assorted Cereal & Muffin  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>6-May</b>	<b>7-May</b>	<b>8-May</b>	<b>9-May</b>	<b>10-May</b>
	WG Chocolate or Powdered Donut  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast  Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>13-May</b>	<b>14-May</b>	<b>15-May</b>	<b>16-May</b>	<b>17-May</b>
	Muffin & Yogurt Cup  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Cinnis  Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>20-May</b>	<b>21-May</b>	<b>22-May</b>	<b>23-May</b>	<b>24-May</b>
	WG Chocolate or Powdered Donut  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast  Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>27-May</b>	<b>28-May</b>	<b>29-May</b>	<b>30-May</b>	<b>31-May</b>
	No School	Mini Cinnis  Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk

Daily Juice Variety: Only 1 Juice Allowed w/Meal  
 Apple Juice  
 Grape Juice  
 Fruit Punch  
 Orange Juice

**Fruit & Vegetable Options\***  
 Carrots                      Apples  
 Cucumbers                Bananas  
 Broccoli                    Peaches  
 Cauliflower                Pears  
 Celery                        Pineapple  
 Sugar Snap Peas         Strawberries  
    Grapes

\*\* Fruit & Vegetable Provided Depend On Availability

**Milk**  
 1% and Skim White  
 Skim Chocolate

(Soy Milk is available for students w/dairy allergies)



**The Knight Breakfast Meal Deal**

\* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!

Choose **ONE** Entree:  
 Daily Entree Special

Choose up to **TWO** Sides of Fruit:  
 Fresh Fruit  
 Fruit Cup  
 Fruit Juice (only 1 serving)

\*Menu is subject to Change\*  
 The institution is an equal opportunity provider.

