

Food Services Director: Jennifer Wilinsky  
 wilinskyj@readingsd.org  
 Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.





## Reading School District Middle School Breakfast Menu October 2024



Meal Prices  
 Adult Breakfast Meal - \$3.00    Adult Lunch Meal - \$5.00

	Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.</b>  <b>** Offered Daily: Cereal &amp; Muffin</b>	<b>30-Sep</b>	<b>1-Oct</b>	<b>2-Oct</b>	<b>3-Oct</b>	<b>4-Oct</b>
	<b>Yogurt Cup &amp; Granola</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Cinnamon or Blueberry Crumble</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Breakfast Burrito</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini French Toast</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Apple Cinnamon Donut Holes</b>  Fresh Fruit 100% Fruit Juice Assorted Milk
<b>Daily Juice Variety: Only 1 Juice Allowed w/Meal</b> Apple Juice Grape Juice Fruit Punch Orange Juice	<b>7-Oct</b>	<b>8-Oct</b>	<b>9-Oct</b>	<b>10-Oct</b>	<b>11-Oct</b>
	<b>Mini Waffles</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Banana Bread Slice</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Sausage &amp; Cheese Stuffed Waffle</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini Pancakes</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Caramel Cinnamon Rolls</b>  Fresh Fruit 100% Fruit Juice Assorted Milk
 <b>Fruit &amp; Vegetable Options*</b> Carrots                      Apples Cucumbers                  Bananas Broccoli                      Peaches Cauliflower                  Pears Celery                          Pineapple Sugar Snap Peas              Strawberries Grapes  <b>** Fruit &amp; Vegetable Provided Depend On Availability</b>	<b>14-Oct</b>	<b>15-Oct</b>	<b>16-Oct</b>	<b>17-Oct</b>	<b>18-Oct</b>
	<b>No School</b>	<b>Cinnamon or Blueberry Crumble</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Breakfast Burrito</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini French Toast</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Apple Cinnamon Donut Holes</b>  Fresh Fruit 100% Fruit Juice Assorted Milk
 <b>Milk</b> 1% and Skim White Skim Chocolate  (Soy Milk is available for students w/dairy allergies)	<b>21-Oct</b>	<b>22-Oct</b>	<b>23-Oct</b>	<b>24-Oct</b>	<b>25-Oct</b>
	<b>Mini Waffles</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Banana Bread Slice</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Sausage &amp; Cheese Stuffed Waffle</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini Pancakes</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Caramel Cinnamon Rolls</b>  Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>28-Oct</b>	<b>29-Oct</b>	<b>30-Oct</b>	<b>31-Oct</b>	
	<b>Yogurt Cup &amp; Granola</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Cinnamon or Blueberry Crumble</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Breakfast Burrito</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini French Toast</b>  Fresh Fruit 100% Fruit Juice Assorted Milk	

	<p><b>The Knight Breakfast Meal Deal</b></p> <p>* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!</p> <p>Choose <b>ONE</b> Entree: Daily Entree Special</p> <p>Choose up to <b>TWO</b> Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p> <p>*Menu is subject to Change* The institution is an equal opportunity provider.</p>	
---	---	---