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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District Middle School Lunch Menu September 2024



Meal Prices
Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

Weekly Alternate	Monday 2-Sep	Tuesday 3-Sep	Wednesday 4-Sep	Thursday 5-Sep	Friday 6-Sep
<p>Alternate Entree of the week 9/2-9/6 - Italian Hoagie 9/9-9/13- Taco Salad w/Tortilla Chips 9/16-9/20- Turkey & Cheese Wrap 9/23-9/27- Crispy Chicken Salad w/Roll 9/30-10/4- Chef Salad w/ Roll Daily option of PB&J meal or Yogurt Meal.</p> <p>** Alternate Entree option will be served with fruit and vegetable of the day.**</p>	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
	WG Corn Dog on a Stick	Chicken & Waffles	Cheeseburger Mac & Cheese w/Roll	Chicken & Cheese Pizza Quesadilla w/ Salsa Cup	Ravioli in Marinara Sauce w/ Garlic Knot
<p>Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch</p>	Fiesta Beans Corn Applesauce Fresh Fruit	Carrot Coins Fresh Veggie Sticks Mixed Fruit Fresh Fruit	Broccoli Fresh Veggie Sticks Diced Pears Fresh Fruit	Green Beans Fresh Veggie Sticks Peaches Fresh Fruit	Roasted Zucchini Salad Greens w/ Dressing Pineapples Fresh Fruit
 <p>Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes</p> <p>** Fruit & Vegetable Provided Depend On Availability</p>	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
	Calzone w/Sauce	Brunch for Lunch: Dutch Waffle w/ Canadian Ham	Sweet-n-Sour Chicken Over Ramen Noodles	Cheese Pizza	Rotini Pasta w/Meatsauce & Texas Toast
 <p>Milk 1% and Skim White Skim Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p>	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
	No School	Grilled Cheese Sandwich w/ Goldfish Crackers	Brunch for Lunch: Pancakes w/ Sausage Links	Bean & Cheese Pupusa	Meatball Sandwich
 <p>HEALTHY EATING</p>	30-Sep				
	Sloppy Joe's				
	Emoji Potatoes Cole Slaw Peaches Fresh Fruit				

The Knight LUNCH Meal Deal

* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

<p>Choose ONE Entree: Daily Entree Special Alternate Entree</p>	<p>Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p>	<p>Choose up to TWO Veggies: Daily Vegetable Assorted Fresh Veggies</p>
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