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Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



# Reading School District High School Lunch Menu May 2024



**Meal Prices**  
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Alternate Entrees of the week</b> <b>Monday</b> - Mickey's Cheese Pizza, Bean & Cheese Burrito, Italian Hoagie, Chef Salad <b>Tuesday</b> - Pepperoni Pizza, Hamburger, Ham & Cheese Sandwich, Crispy Chicken Salad <b>Wednesday</b> - Buffalo Chicken Pizza, Chicken Patty Sandwich, Turkey & Cheese Wrap, Cobb Salad <b>Thursday</b> - Meat Lover's Pizza, Egg, Turkey Bacon & Cheese on Croissant, Taco Salad <b>Friday</b> - 4 Cheese Pizza, Grilled Chicken Sandwich, Tuna Salad Sandwich, Grilled Chicken Salad <b>** Alternate Entree option will be served with fruit and vegetable of the day.**</b>			<b>1-May</b> <b>Beef &amp; Cheese Burrito</b> Salad Greens Fresh Veggie Sticks Pineapples Fresh Fruit Churro	<b>2-May</b> <b>Burger Bar: Hamburger w/ or w/o Cheese or Veggie Patty on Bun</b> Smile Fries Baked Beans Pears/Fresh Fruit	<b>3-May</b> <b>Chicken Alfredo Pasta w/ Garlic Knot</b> Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit
	<b>6-May</b> <b>Popcorn Chicken Bowl w/ Cornbread</b> Mashed Potatoes Corn Apples Fresh Fruit	<b>7-May</b> <b>Hot Ham &amp; Cheese Sandwich w/ Tomato Soup</b> Cole Slaw Hummus w/ Celery Sticks Peaches Fresh Fruit Baked Snack Bag	<b>8-May</b> <b>Mac &amp; Cheese w/ Breadstick</b> Steamed Peas Fresh Veggie Sticks Diced Peas Fresh Fruit	<b>9-May</b> <b>Chicken Tinga over Tortilla Chips</b> Refried Beans Salad Greens w/ Dressing Plantains Fresh Fruit	<b>10-May</b> <b>Early Dismissal No Lunch</b>
	<b>13-May</b> <b>Chicken Tender Wrap: Reg. or Spicy w/Lettuce &amp; Tomato</b> Sugar Snap Peas Carrot Sticks Peaches/Fresh Fruit	<b>14-May</b> <b>Nachos Grande w/ Turkey Taco &amp; Queso w/ Chips</b> Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples/Fresh Fruit Churro	<b>15-May</b> <b>Lasagna w/ Garlic Knot</b> Steamed Broccoli Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	<b>16-May</b> <b>Asian Bowl: General Tso or Teriyaki Chicken w/Stir Fried Rice</b> Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	<b>17-May</b> <b>BBQ Rib Sandwich</b> Steamy Corn Salad Greens w/ Dressing Apples Fresh Fruit
	<b>20-May</b> <b>Southern Crispy Chicken Drumstick &amp; Wings w/ Biscuit</b> Baked Beans Carrot Sticks Peaches Fresh Fruit	<b>21-May</b> <b>Chicken or Beef Tamales</b> Cilantro Lime Brown Rice Roasted Black Beans & Corn Peaches Fresh Fruit	<b>22-May</b> <b>Hot Honey Beef Loaded Totchos w/ Roll</b> Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit WG Cookie	<b>23-May</b> <b>Meatball Sub or Dragon's Breath Sub (Jalapeno Chicken Meatballs)</b> Sidewinder Fries Fresh Veggie Sticks Pears/Fresh Fruit	<b>24-May</b> <b>Pork Carnitas or BBQ Pulled Turkey on Flatbread</b> Sweet Potatoe Fries Cole Slaw Pineapples Fresh Fruit
	<b>27-May</b> <b>No School</b>	<b>28-May</b> <b>Artisan Chicken Patty Sandwich (Reg. or Spicy)</b> Green Beans Cherry Tomatoes Peaches Fresh Fruit	<b>29-May</b> <b>French Toast Sticks w/ Turkey Sausage</b> Hash Browns Carrot & Celery Sticks Craisins Fresh Fruit	<b>30-May</b> <b>Burger Bar: Hamburger w/ or w/o Cheese or Veggie Patty on Bun</b> Smile Fries Baked Beans Pears/Fresh Fruit	<b>31-May</b> <b>Pasta w/ Meatsauce &amp; Garlic Knot</b> Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit

**Offered Daily:  
PB&J Meals, Yogurt Meals,  
Salads, and Sandwiches**

- Fruit & Vegetable Options\***
- Carrots
  - Cucumbers
  - Broccoli
  - Cauliflower
  - Celery
  - Apples
  - Bananas
  - Peaches
  - Pears
  - Grapes
  - Strawberries

\*\* Fruit & Vegetable Provided Depend On Availability

- Milk**  
1% and Skim White  
Skim Chocolate
- (Soy Milk is available for students w/dairy allergies)



**The Red Knight LUNCH Meal Deal**

\* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

Choose **ONE** Entree:  
Daily Entree Special  
Alternate Entree

Choose up to **TWO** Sides of Fruit:  
Fresh Fruit  
Fruit Cup  
Fruit Juice (only 1 serving)

Choose up to **TWO** Veggies:  
Daily Vegetable  
Assorted Fresh Veggies

