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 Please check the District Website, Food Services Tab to learn more.

Sign Up for [SchoolCafe.com](http://SchoolCafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.





## Reading School District Elementary School Breakfast Menu October 2023



Meal Prices  
 Adult Breakfast Meal - \$2.95    Adult Lunch Meal - \$5.00

	Monday 2-Oct	Tuesday 3-Oct	Wednesday 4-Oct	Thursday 5-Oct	Friday 6-Oct
 <b>Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.</b>	<b>WG Chocolate or Powdered Donut</b>  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Apple Cinnamon French Toast</b>  Apple Snack Pack Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Banana Bread Slice</b>  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Mini Waffles</b>  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>Assorted Cereal &amp; Muffin</b>  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>9-Oct</b>  <div style="text-align: center;"><b>No School</b></div>	<b>10-Oct</b>  <b>Mini Cinnis</b>  Apple Snack Pack Fresh Fruit 100% Fruit Juice Assorted Milk	<b>11-Oct</b>  <b>Assorted Cereal &amp; Muffin</b>  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>12-Oct</b>  <b>Mini Pancake Bites</b>  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>13-Oct</b>  <b>Cinnamon or Cocoa Puff Filled Bar</b>  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
 <b>Fruit &amp; Vegetable Options*</b> Carrots                      Apples Cucumbers                    Bananas Broccoli                        Peaches Cauliflower                    Pears Celery                            Pineapple Sugar Snap Peas                Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	<b>16-Oct</b>  <b>WG Chocolate or Powdered Donut</b>  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	<b>17-Oct</b>  <b>Apple Cinnamon French Toast</b>  Apple Snack Pack Fresh Fruit 100% Fruit Juice Assorted Milk	<b>18-Oct</b>  <b>Banana Bread Slice</b>  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>19-Oct</b>  <b>Mini Waffles</b>  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>20-Oct</b>  <b>Assorted Cereal &amp; Muffin</b>  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	<b>23-Oct</b>  <b>Muffin &amp; Yogurt Cup</b>  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	<b>24-Oct</b>  <b>Mini Cinnis</b>  Apple Snack Pack Fresh Fruit 100% Fruit Juice Assorted Milk	<b>25-Oct</b>  <b>Assorted Cereal &amp; Muffin</b>  Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>26-Oct</b>  <b>Mini Pancake Bites</b>  Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	<b>27-Oct</b>  <b>Cinnamon or Cocoa Puff Filled Bar</b>  Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
 <b>Milk</b> 1% and Skim White Skim Chocolate  (Soy Milk is available for students w/dairy allergies)	<b>30-Oct</b>  <b>WG Chocolate or Powdered Donut</b>  Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	<b>31-Oct</b>  <b>Apple Cinnamon French Toast</b>  Apple Snack Pack Fresh Fruit 100% Fruit Juice Assorted Milk			
					

	<p><b>The Knight Breakfast Meal Deal</b></p> <p>* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!</p> <p>Choose <b>ONE</b> Entree:            Daily Entree Special</p> <p>Choose up to <b>TWO</b> Sides of Fruit:            Fresh Fruit            Fruit Cup            Fruit Juice (only 1 serving)</p> <p>*Menu is subject to Change*            The institution is an equal opportunity provider.</p>	
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