

November 2018

On August 22, 2018, the Reading School District School Board approved a Health Resource Center (HRC) aimed at improving the health of Reading High School (RHS) students. Co County Wellness Services (CCWS) is a local organization that has been helping the community for over 30 years. CCWS has partnered with the Reading School District to administer the HRC at RHS.

The HRC will provide RHS students with education about abstinence, reproductive health, healthy relationships and good decision-making. Students are offered education that stresses abstinence as the only 100% effective way to prevent pregnancy, HIV and STDs. The HRC offers students the opportunity for individual level counseling that answers their questions and provides them with tools to prevent negative health outcomes. The HRC also provides referrals to local agencies for services that the HRC does not provide, such as pregnancy testing and STD testing and treatment. If deemed necessary, condoms are available to students at the HRC as a risk reduction tool.

Reading School District and CCWS believe that schools can and should help students with these health issues because they can dramatically impact education. An effective way to make our youth healthier is to continuously improve programs in student health education, parent education, health services and referral to community resources.

Beginning November 15, 2018, all high school students will be offered these services. If, however, you do not want your high school student to be able to receive services, or certain services, at the HRC at RHS, please complete the following form and return it to the RHS.

Sincerely,

Anne Fisher  
Director of Student Support  
Reading School District

**Health Resource Center Opt-Out Form**

I do not give permission for my child to receive services at the Health Resource Center.

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Name of Child

Stud ID #

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Parent/Guardian Signature

Date

I give permission for my child to receive services at the Health Resource Center, but do not give permission for my child to receive condoms.

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Name of Child

Stud ID #

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Parent/Guardian Signature

Date

If you checked either box above, you must send this letter back to the address below:

**Reading High School  
Health Resource Center Staff at Reading High School Health Room  
801 N. 13<sup>th</sup> Street  
Reading, PA 19604**