

READING SCHOOL DISTRICT  
800 Washington Street  
Reading, PA 19601-3691

***Re: School Dental Hygiene Services Program***

The Reading School District employs two Certified School Dental Hygienists (CSDH) who provide a state approved *Dental Hygiene Services Program* for students. The following dental health programs have been planned for students:

- Kindergarten:*** A Crest-Kit Brush-In Drill will teach students proper tooth brushing technique. The four steps to healthy teeth will be introduced; daily brushing, flossing, regular dental visits, and eating healthy snacks.
- First grade:*** Dental evaluation to evaluate the dental status of the student. Tooth brush instruction is included along with notification to parents regarding any dental problems.
- Second grade:*** Sealant educational program to reinforce good oral hygiene and the importance of sealants.
- Third grade:*** Dental evaluation to evaluate the dental status of the student. Tooth brush instruction is included along with notification to parents regarding any dental problems.
- Fourth grade:*** Tooth brushing educational program to reinforce previous dental lessons including proper tooth brushing, review of dental diseases, causes, prevention and treatment.
- Fifth grade:*** The Plaque Control education program which includes educating the student regarding cavities, gingivitis (gum disease), proper tooth brushing and flossing techniques.
- Sixth grade:*** Plaque Control Program Review which includes assessment of student knowledge of the Plaque Control education program.
- Seventh grade:*** Dental evaluation to evaluate the dental status of the student. Tooth brush instruction is included along with notification to parents regarding any dental problems.
- Special Education and ELA (English Language Acquisition):***  
Dental evaluation to evaluate the dental status of the student. Tooth brush instruction is included along with notification to parents regarding any dental problems.